

JENNIFER HUGGETT - OSTEOPATH

PROFESSIONAL SUMMARY

A self motivated, personable and enthusiastic osteopath offering a balanced, education-centric approach to problem resolution and prevention.

SKILLS & INTERESTS

Structural osteopathy Cranial osteopathy Ergonomics and workplace injuries Arthritis and age related treatments Kinesio (taping) practitioner	Business management, finance and marketing Lifestyle centric approach Active club level triathlete Parent committee chair and class representative
-----------------------------------------------------------------------------------------------------------------------------------------------------------	-------------------------------------------------------------------------------------------------------------------------------------------------------------

WORK HISTORY

Owner / Osteopath, Almscliffe Osteopathy, Harrogate - April 2015 to current

- Set up an osteopathic clinic in a gym located on a business park on the outskirts of Harrogate.
- Established a wide age range client base offering patient specific treatments.
- Developed a multidisciplinary network of local healthcare professionals.

Locum Osteopath, Derwent Osteopathy, Consett - October 2018

- Maintaining and supporting a busy osteopathic practice through a family crisis.
- Provided broad range of osteopathic treatments to existing patient group.

Career Break, July 2013 to April 2015

Associate Osteopath, Rush, Bailey & Associates, St Albans - February 2007 to July 2013

- Developed own patient list within an established, busy city centre osteopathic practice.
- Cultivated an interest in the treatment of degenerative conditions in the elderly.

Osteopath, "Not Just Backs" Osteopathy, Salisbury - July 2006 to October 2009

- Supported a thriving city centre osteopathic practice.
- Worked along side an experienced osteopath in a baby clinic, developing cranial osteopathy skills.
- Offered a variety of treatments during and after pregnancy.

Owner / Osteopath, Alresford Osteopathy, Alresford - July 2005 to November 2006

- Set up osteopathic clinic in a market town in Hampshire.
- Built up a patient list through local network and interaction.
- Offered patient centric osteopathic treatments.

Maternity Cover Osteopath, Westbourne Osteopathy - July 2005 to November 2006

- Maintained and developed a patient list at an established clinic near Bournemouth.
- Treated a variety of cycling related injuries.
- Offered postural advice and remedies to older patients

PROFESSIONAL EDUCATION

Batchelor of Osteopathy , British School of Osteopathy (BSO), London - 2001 - 2005	Continual Professional Development, including: <ul style="list-style-type: none">• Kinesio Practitioner• Functional Stretching• Cranial Osteopathy• Ergonomics
-------------------------------------------------------------------------------------------	---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------